



Virtual Jingle Jog 2020



Sign up from Tuesday 17th November 2020

Video content and teachers guide will be released on 1st December 2020.

What is it?

The Virtual Jingle Jog is a winter wonderland video adventure for **KS1 children** to take part in by using their **imagination**. The video takes children through different stories in which they will need to get active and moving to continue onto the next part of the story. The video adventure will also promote things such as **active travel, the Daily Boost, healthy eating and staying active at home!**

How does it work?

The video can be downloaded and played on an iPad outside, or shown on an interactive whiteboard with enough surrounding space for activity e.g. a hall. The video will guide the children through settings such as mountains, lakes, caves and forests which have all been filmed in local areas around North West Leicestershire such as **Hick's Lodge, Donisthorpe Woodlands, the Hermitage Recreation Ground and Sence Valley**. The children will need to use their imagination to pretend they are in these places too and will have to pretend to climb, hunt for tools and sled as well as running, jumping and playing small games such as tig. The video is designed so that children can pick different routes follow, which will require the teacher to fast forward/rewind to certain points depending on the choices the children make. This also means the video can be done more than once with different routes taken!

Space & staffing

We recommend you do this **video adventure** outside on an iPad to give children more space, however this can also be done inside if the weather isn't suitable or outdoor space isn't available. Ideally if you have a Forest School section it would be excellent to see the children out there for the adventure! The video can be used with as many children as you like in KS1 as long as you have sufficient space for them all to move around safely and follow the schools Covid Protocols. Whilst the adventure is led on the video by NWLSSP staff it is recommended the teacher still joins in with the adventure to help guide the children. A teacher's guide to the video will be released alongside the video at the start of December.

Key Partners

This video has been put together with help and key messages from some of our partners; LRS, NWL District Council, Leicestershire County Council, Choose How You Move, and The National Forest.

Monitoring and Evaluation

By signing up to this event we do ask that all schools complete a simple M&E sheet following the Jingle Jog adventure so we can accurately monitor the success of this event.

We'd also love you to share with us any pictures or videos you may take via our social media channels, search for @NWLSSP on Twitter, Facebook and Instagram.

