



# NWLSSP Events booklet



## April – July 2021

This term we will be providing a mixture of virtual festivals/competitions and in school delivery opportunities for your school to engage in. Please carefully read this booklet for information regarding each opportunity and how to get involved. As always please feel free to contact us via email [nwlssp@castlerocksch.uk](mailto:nwlssp@castlerocksch.uk) or telephone 01530 838217 if you have any questions.

### What's on offer this term?

1. Alternative sports sessions
2. Life skills through play workshop
3. Level 1 intra school support
4. Virtual Quad Kids athletics- Level 2 Competition- **Deadline 25<sup>th</sup> June**
5. The spring virtual events

### Level 3 County Wide Events

6. Virtual Paralympic Festival
7. LIVE Virtual Boccia
8. Summer Championships

### Competition/Event Levels

Virtual competitions are a great opportunity for your school to engage in not only level 1 (intra) but level 2 (inter) School Games competitions.

**Level 1**- is a competition between class vs class, house vs house, bubble vs bubble (this could be broken down into half a bubble vs half a bubble if needed). You can use the available resources if you wish or adapt it to meet your needs. This event should have a competitive element.

If you run a competition within your school in a sport outlined on the School Games website, it is advisable you record any necessary information such as registers containing number of pupils that have taken part, SEND and BAME. This information will need to be uploaded to the School Games website, this is done for the purpose of reporting back on the engagement and impact of the School Games programme and its funding.

**Level 2** - is a competition between schools. For example, School A vs School B. These are the most common competitions that we run at the NWLSSP. For the virtual competitions you will need to submit your results from Level 1 events to enter the Level 2 virtual competition. Please note that for competitions to be fair and equal schools need to follow the game cards and scoring system precisely.

**Monitoring and Evaluation** - For both level 1 & 2 events we will require schools to complete a simple monitoring and evaluation form which will be sent out with the resources.

### Making a booking

Please read the individual opportunity information page below for details of how to book onto each opportunity. The majority of them can be booked through the NWLSSP website.



## Booking on a Virtual Event

Please read through this information booklet and decide which opportunities you would like to enter.

- Visit our website – <https://www.nwleics-ssp.org.uk/>
- Log in- If you do not have a login contact [nwlssp@castlerocksch.uk](mailto:nwlssp@castlerocksch.uk)
- Go to the events page.
- Select the competition and festival you want to enter and add it to your basket.
- Checkout and make sure that you have received a confirmation email.

Some events may have a deadline set for an expression of interest, please refer to the individual rules booklet for each event for further information.

Once you have booked onto your event(s) you will be sent relevant information by a SSP staff member.

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### Booking process for Alternative sports and Life skill sessions

- Due to the logistics of running these sessions across 35+ schools, we have adapted the booking process for these opportunities. Please ensure that you read the following information and all the information regarding this opportunity on the opportunities booklet.
- Log in to your school account <https://www.nwleics-ssp.org.uk/>
- Traditionally once you have successfully 'checked out' this would confirm your booking. However, now this is not the case. From Easter 2021 until summer 2021 this will be treated as a 'request' meaning that in order for your booking to be 100% confirmed you will need to wait for the confirmation email to be sent to you by [nwlssp@castlerocksch.uk](mailto:nwlssp@castlerocksch.uk).
- Once you have sent your 'request' you will receive an email from [nwlssp@castlerocksch.uk](mailto:nwlssp@castlerocksch.uk) to confirm which of the 2 options above you would like (or a combination) along with a request for information such as year groups, class sizes and other relevant information. Once we have received this information from you we will hopefully be able to confirm your booking and you should receive a booking confirmation email.
- Please be advised that in rare cases we may need to find an alternative date and time for your session. We apologise in advance for this but please be assured that we endeavour to find an equally suitable date and time for you.

### Booking process for Level 1 support

- Booking for this will **NOT** be taken through the NWLSSP website but through a google forms document. Please read all the information regarding the Level 1 events support sessions before booking on as it will require information regarding your planned level 1 event <https://forms.office.com/Pages/ResponsePage.aspx?id=YsjDbo304UaWWMFgOWnMkFrMVU43THhEp96z7LoLO61UMEdOV1ZDUUkwS05OVUIPVjBCNkZXRTFTTi4u>.
- Once you have submitted your booking request you will receive a receipt email from [nwlssp@castlerocksch.uk](mailto:nwlssp@castlerocksch.uk) acknowledging your booking, with a further email confirming your booking or requesting alternative dates due to no staff availability.



## Spirit of the Games Awards



Normally at our competitions we award a Spirit of the Games Award. During our virtual festivals we are offering you the opportunity to award certificates for your children that meet the Spirit of the Games criteria.

Please follow this link for the online certificates [https://castlerockhighschool-my.sharepoint.com/:f/g/person/nwlssp\\_castlerocksch\\_uk/EnWJ4Hh2nVdLq\\_nqvlut-xcBRZpPaC\\_68IEdlw8arzJmRA?e=gAStXA](https://castlerockhighschool-my.sharepoint.com/:f/g/person/nwlssp_castlerocksch_uk/EnWJ4Hh2nVdLq_nqvlut-xcBRZpPaC_68IEdlw8arzJmRA?e=gAStXA)

You can award these to anyone who you think meets the criteria. More than one award can be given out for each event and if someone has gone above and beyond they can obtain the Spirit of the Games Award rather than the individual awards listed below.

 RESPECT	<ul style="list-style-type: none"> <li>• Treating everyone equally including opponents, referees and leaders</li> <li>• Accepting life's 'ups and downs' with grace</li> <li>• Respect every day, in everything you do and for everyone around you</li> </ul>
 DETERMINATION	<ul style="list-style-type: none"> <li>• Keep going no matter what happens</li> <li>• Never give up on trying to achieve your goals</li> <li>• Being the very best you can be</li> </ul>
 HONESTY	<ul style="list-style-type: none"> <li>• Having the courage to do the right thing</li> <li>• Be truthful</li> <li>• Promoting fairness</li> </ul>
 SELF BELIEF	<ul style="list-style-type: none"> <li>• Belief in yourself</li> <li>• Having the confidence to try</li> <li>• Reaching a personal best</li> </ul>
 PASSION	<ul style="list-style-type: none"> <li>• Giving it 100%</li> <li>• Putting everything you have into the event</li> <li>• Being positive and enthusiastic</li> </ul>
 TEAMWORK	<ul style="list-style-type: none"> <li>• Treating everyone in your team equally</li> <li>• Celebrating others success</li> <li>• Supporting others to be successful</li> </ul>





## Alternative Sports Sessions

### **Date:**

- 14<sup>th</sup> April – 27<sup>th</sup> May 2021

### **Aim:**

- To engage and enable young people to take part in sports they usually wouldn't have the opportunity to take part in.

### **Target Age Group:**

- Ultimate Frisbee – KS2
- Flag Football – KS2
- Multi-Skill/Mini Games – KS1

### **What is this event?**

- Ultimate Frisbee – A non-contact game in which two teams aim to catch the Frisbee in an end zone in order to gain points and win the game. The session will consist of some basic teaching points of the game, some coaching of how to throw and catch the Frisbee working towards a game of Ultimate Frisbee at the end.
- Flag Football – A non-contact version of American Football. The session will consist of basic teaching points of how to properly throw and catch the ball and talk a little about the positions. At the end of the session a basic game involving running, throwing and catching takes place in teams of 5.
- Multi-Skill/Mini Games – Rather than taking up an alternative sport for KS1 there will be a variety of playground style invasion games/balance & motor-skill challenges designed to get children up and moving whilst requiring them to work on basic motor-skills that they may not have done during the lockdowns.

### **Format/How does it work?**

- Schools are able to book a ½ day of either morning (9-11:30am) or afternoon (1-3:30pm) for SSP staff to come in and deliver two of the above sessions. Each session will last for 1 hour and is for one class (of around 30 pupils). This ½ day time slot allows for change over and set up time in between sessions.
- Sessions have been designed to take place outdoors to ensure there is enough space for all children and to comply with Covid-19 regulations. Please ensure there is field or playground space available when booking your sessions.

### **Equipment**

- Where in the past the SSP have brought all equipment needed to run the sessions with them this year we are asking schools to provide basic equipment and the SSP will provide the specialist equipment. This is to help reduce the risk of cross-contamination of equipment between schools in line with Covid-19 regulations.
- Ultimate Frisbee – SSP will provide Frisbees for the session. Schools are asked to provide 2 sets of different coloured bibs and cones.
- Flag Football – SSP will provide American footballs for the session. Schools are asked to provide bibs and cones for the session.
- Multi-Skill/Mini Games – Schools are asked to provide 2 sets of different coloured bibs, cones, beanbags and hoops.



## Life Skills Through Play Workshop

### **Date:**

- 14<sup>th</sup> April – 27<sup>th</sup> May 2021

### **Research**

- Research has shown that the restrictions imposed as a result of Covid-19 have had substantial and wide-ranging implications for young people's mental health and wellbeing. For some, these impacts may be deep and long-lasting.
- Research has shown that the Covid-19 pandemic and lockdown has had a profound impact on the activity levels of children with only 19% achieving the Chief Medical Officer's (CMO) recommendation of 60 minutes of activity daily. That is a fall of 30% from 49% pre lockdown, with 7% of children reporting that they didn't do any physical activity at all.
- Many primary PE Co-ordinators within NWLSSP have expressed concerns regarding the fitness levels of children when they returned in September and again in March this is backed up nationally with research showing that as many as 73% of children have returned to school with a low level of physical fitness.
- It had been reported that two thirds of primary school children report feeling lonely (YST, May 2020). 74% of children and young people (age 8-24) report missing going to school or college, with the same number saying that they had found it hard to maintain friendships during lockdown (Barnado's (30/6/20): Generation Lockdown report based on YouGov research).
- Children say that they are exercising for the benefits that activity brings (69%), including keeping fit and healthy, because they enjoy it or because it helps them relax or worry less (Sport England (July 2020)).

### **Aim**

- It is recommended by the CMO that schools provide opportunities for children to achieve at least 30 of the 60 minutes of daily activity during school time.
- This workshop will help children explore life skills of making friends and make social connections, whilst also improving communication, listening, reading (and understanding), problem solving, team work in addition to being creative and making up their own games.

### **Target group.**

- Year 3 – 6
- Maximum group size of 1 class (around 30 pupils)

### **What is this workshop?**

- 60 minute workshop aiming to develop life skills through play.
- Using the Play Coach session cards to focus on key life skills pupils will have not developed over this last year.
- Life skills being targeted
  - Communication
  - Listening
  - Reading
  - Problem solving
  - Creativity
  - Team work / group work



### **Format/How does it work?**

- This session can be run by any school staff member or by a SSP staff member upon request.
- If you would like to run this yourself please email [nwlssp@castlerocksch.uk](mailto:nwlssp@castlerocksch.uk) for resources.
- If you would like a SSP staff member to run the workshop please book on via the website.
  
- SSP member- Schools are able to book a ½ day of either morning (9-11:30am) or afternoon (1-3:30pm) for SSP staff to come in and deliver two of the above sessions. Each session will last for 1 hour and is for one class (of around 30 pupils). This ½ day time slot allows for change over and set up time in between sessions.
- Sessions have been designed to take place outdoors to ensure there is enough space for all children and to comply with Covid-19 regulations. Please ensure there is field or playground space available when booking your sessions.
  
- The resource guide will be sent to you after you book.
- This guide will enable any staff member in your school to deliver this workshop.
- This guide will:
  - Explain why working on life skills is important.
  - How to use the resource cards.
  - What equipment you will need.
  - How to challenge the pupils learning.

### **Timings**

- Each session should last the length of a normal PE lesson, roughly 60 minutes.

### **Staffing**

- We would suggest that a staff member is in charge of behaviour and supporting the learning objectives.

### **Equipment:**

- Normally we would ask school to provide all the equipment for this type of workshop. This is to help reduce the risk of cross-contamination of equipment between schools in line with Covid-19 regulations.
  
- If schools do not have any of the below equipment adaptations can be made or the SSP can bring equipment that can be easily cleaned or wiped down before and after the session.
  - Hoops or chalk
  - Bean Bags
  - Cones
  - Triangle cones
  - Flat Markers
  - Tennis Balls or small soft balls
  - Big Soft ball
  - Skipping Ropes



## **Level 1- Intra school competition support**

Booking for this event are slightly different. Please complete the simple google form that can be found via this link

<https://forms.office.com/Pages/ResponsePage.aspx?id=YsjDbo304UaWWMFgOWnMkFrMVU43THhEp96z7L0lO61UMEdOV1ZDUUkwS05OVUIPVjBCNkZXRTFTTi4u>

Once submitted you will receive a confirmation email from [nwlssp@castlerocksch.uk](mailto:nwlssp@castlerocksch.uk) to confirm your booking. If you require any support, please contact the same email address.

### **Date:**

- 10<sup>th</sup> May –2<sup>nd</sup> July 2021

### **What is this event?**

- SSP staff members will work alongside the PE Co-ordinator or class teacher to plan and deliver a competition/event in a sport of your choice within your school. This is not only an additional opportunity for your pupils but can be utilised as a valuable CPD opportunity for school staff.

### **Aim:**

- To help provide competitive opportunities for your pupils in a familiar, safe and fun environment.
- Staff CPD- running of a intra bubble/school event.

### **Target age group:**

- Key stage 2

### **Format / How does it work?**

- Once the form has been sent to [nwlssp@castlerocksch.uk](mailto:nwlssp@castlerocksch.uk) you will then receive a booking confirmation.
- A member of SSP staff will be in contact with yourself or the nominated teacher to plan the details surrounding the event. This will be a collective approach for teachers to fully benefit from the planning process.
- On the day of the event the SSP staff member(s) will work alongside your teachers to provide a structured and meaningful competition for the chosen pupils.
- If timing allows, multiple events can be run during the same ½ day session although priority should be given to the quality of experience for the pupils.
- Help with the promotion of the event both on the school games website and through the NWLSSP social media pages.

### **Timings:**

- Either a morning or afternoon session. Desired timings to be submitted with the original form and discussed with SSP staff.

### **Equipment:**

- This will vary depending on the chosen sport or activity, primarily involving the equipment available in your school. NWLSSP does have some limited equipment that may be requested but unfortunately this cannot be guaranteed.



## Quad Kids Virtual

### **Date:**

- Deadline 25<sup>th</sup> June 2021- this is also the date it can be found on the NWLSSP website.

### **Aim:**

- To engage young people in athletics and give them the opportunity to compete against other children across North West Leicestershire.

### **Target Age Group:**

- Year 3/4 and Year 5/6 (separate competitions).

### **What is this event?**

- Children in KS2 will have the opportunity to take part in the following athletic events in the traditional Quad kids virtual style; a sprint (50m/75m), long distance run (400/600m), howler throw and standing long jump.
- Their scores will then be compared against scores from other children across North West Leicestershire to find a winner in each of the events (one for boys and one for girls) and an overall school winner (one for Year 3/4 and one for Year 5/6).

### **Format/How does it work?**

- Schools complete each of the events listed above within their school and record scores on the score sheets for teams of up to 5 boys and 5 girls.
- Schools can enter as many teams as they wish into this event.
- Scores must be submitted by 12pm on the 25<sup>th</sup> June 2021.
- The top 4 boys' scores and top 4 girls' scores over the 4 events will be added together to create the team score and then a winner will be announced.
- A boy and girl winner will also be declared from each event, although schools should note we will not have the name of this child and the winner will be announced in this style; Year 5/6 Girls' Howler 1<sup>st</sup> Place – Castle Rock - Team 1 - Girl 2, so please ensure you know which child relates to which number at your school.

When recording your results please check you have recorded in the right unit of measurement and have a look through your scores for any anomalies.

Our database will flag up any results that seem too high or too low, which we will refer back to you to double check.

For example, the world record for a 50m sprint is 5.56s so if you have a child coming in at 6 seconds we might be a bit surprised!





**NWLSSP YEAR 3 / 4 QUAD KIDS Level 2 Virtual Competition 2021**

**SCHOOL:.....**

**CONTACT; .....**

**Year 3 / 4 Team** : 4 or 5 girls and 4 or 5 boys per team – The top 4 boys’ scores and the top 4 girls’ scores over the 4 events will be added together for the team score.

**Please DO NOT put children’s names on this form, instead number your children 1-5 for both boys and girls.**

**Year 3 / 4 Events:**

- 50 metre sprint (Timed)
- 400 metre run (Timed)
- Vortex Howler throw (approx. 32cm long) (max. 2 step run up) – best of 3 consecutive throws
- Standing Long Jump – 2 feet to 2 feet (NO run up) - best of 3 non-consecutive jumps – each child takes first jump then each child takes a second jump, etc.)

**Year 3 / 4 RESULTS – Please fill in results in the yellow highlighted boxes**

Number	Gender	50 m Time/ Score	400m time/ score	Vortex distance/ score	Jump Distance/ score	Total score
1	Female					
	Office use					
2	Female					
	Office use					
3	Female					
	Office use					
4	Female					
	Office use					
5	Female					
	Office use					
6	Male					
	Office use					
7	Male					
	Office use					
8	Male					
	Office use					
9	Male					
	Office use					
10	Male					
	Office use					



**NWLSSP YEAR 5 / 6 QUAD KIDS Level 2 Virtual Competition 2021**

**SCHOOL:.....**

**CONTACT:.....**

**Year 5 / 6 Team** : 4 or 5 girls and 4 or 5 boys per team – The top 4 boys’ scores and the top 4 girls’ scores over the 4 events will be added together for the team score.

**Please DO NOT put children’s names on this form, number your children 1 – 5 for both boys and girls instead.**

**Year 5 / 6 Events:**

- 75 metre sprint (Timed)
- 600 metre run (Timed)
- Vortex Howler throw (approx. 32cm long) (max. 2 step run up) – best of 3 consecutive throws
- Standing Long Jump – 2 feet to 2 feet (NO run up) - best of 3 non-consecutive jumps – each child takes first jump then each child takes a second jump etc)

**Year 5 / 6 RESULTS** – Please fill in your results in the yellow highlighted boxes

Number	Gender	75 m Time/ Score	600m time/ score	Vortex distance/ score	Jump Distance/ score	Total score
1	Female					
	Office use					
2	Female					
	Office use					
3	Female					
	Office use					
4	Female					
	Office use					
5	Female					
	Office use					
6	Male					
	Office use					
7	Male					
	Office use					
8	Male					
	Office use					
9	Male					
	Office use					
10	Male					
	Office use					



## **January - March 2021 Virtual Booklet**

**The following events are still open with the amended deadlines listed below.**

Please find the Spring booklet via- <https://www.nwleics-ssp.org.uk/wp-content/uploads/2017/02/Spring-VF-Booklet-completed.pdf>

1. Gymnastics- Level 2 Competition- **Deadline 28<sup>th</sup> May**
2. Dance- Level 2 Competition- **Deadline 28<sup>th</sup> May**
3. Skipping- Level 2 Competition- **Deadline 25<sup>th</sup> June**
4. Football- Level 2 Competition- **Deadline 25<sup>th</sup> June**
5. 5KM challenge- Level 2 Competition- **Deadline 25<sup>th</sup> June**
6. Sitting Volleyball/Goalball- Level 2 Completion- **Deadline 25<sup>th</sup> June**
7. Fitness festival -**N/A**

The **September-December booklet** information and formats are still available for schools to access.

Please feel free to share your results with us. We will record your engagement and promote this on our social media accounts. Please note these results will not count towards the level 2 competition as the deadline has now passed.

**Follow link below to access booklet. Email [nwlssp@castlerocksch.uk](mailto:nwlssp@castlerocksch.uk) to access resources.**  
**<https://www.nwleics-ssp.org.uk/wp-content/uploads/2017/02/VF-booklet-new-draft-1.1.pdf>**

1. Athletics
2. Disability Athletics
3. Dance
4. Archery
5. Boccia
6. Dodgeball
7. New Age Kurling
8. Tri golf
9. Multi-Skill
10. Multi-Sport
11. Inclusive Multi-Sport



# Leicestershire and Rutland Sport Level 3 Virtual Paralympic Festival

## Via the Playwaze App

### **Aim:**

- A festival aimed at raising awareness of Para-Sport and giving **ALL** pupils of all ages in both mainstream and special education the opportunity to experience and take part in a range of inclusive opportunities to both enjoy and celebrate Para-Sport.

### **Date:**

- Monday 17<sup>th</sup>- Friday 21<sup>st</sup> May 2021

### **Target group:**

- Open to **ALL** pupils
- Open to all schools, both special & mainstream education.

### **What is this event?**

- This event will have a number of elements for schools and young people to take part in, including;
  - **Resources** developed by specialists in the sports involved which can be utilised by school staff to deliver sessions and activities in your own environments with adapted/minimal equipment
  - **Interactive challenges** on the LRS Virtual Together mobile app platform (*powered by Playwaze*)
  - **A LIVE virtual Boccia format** allowing you to play fixtures against other schools using the power of video-call- **See next page of booklet for more info.**
  - **Local SSPAN-led initiatives** for you to take part in
  - **PLUS**, schools are encouraged to come up with your own ideas and share your stories with us via email and social media

### **Format / How does it work?**

- As a countywide event, this event is organised and delivered by Leicestershire and Rutland Sport with the support of NWLSSP.
- To register your interest please visit <https://www.nwleics-ssp.org.uk/events/> and enter the Virtual Paralympic Festival event on the **17<sup>th</sup> May 2021**.
- A member of the NWLSSP team will be in contact with you to instruct and guide you through how the LRS Playwaze app/website works, how to register and how to upload your results.
- Results will only be accepted through the **Playwaze App or website**. SSP staff members will be on hand to help you in the run up and during this week to assist you if necessary.
- The final challenges are still to be confirmed at this stage however they are likely to include but not be limited to:
  - Athletics
  - Boccia
  - Football
  - Motor Activity Training Programme & Elements Programme
  - Sitting Volleyball
  - Wheelchair Basketball
  - Wheelchair Rugby



- **Flexible**- During the Paralympic Festival week schools complete as many of the challenges they wish with as many pupils as they wish. This can be done with 1 child or with every child in your school and can be done multiple times just simply resubmit your score.
- **Mass upload**- it is possible to mass upload the names or 'codenames' if you don't want to use real names i.e. Castle Rock Boy 5, Castle Rock Year 3-

**Timings:**

- With a variety of challenges on offer and the flexibility of team sizes. This event can take anywhere between a couple of minutes and a full PE lesson to complete.

**Scoring:**

- Scoring varies from challenge to challenge and must be uploaded to Playwaze via the app or website to be counted. This will be covered in the training.



## Leicestershire and Rutland Sport LIVE Virtual Boccia- Level 3

### Competitive and Non-competitive formats

#### Date:

- Monday 17<sup>th</sup>- Friday 21<sup>st</sup> May 2021

#### Aim:

- Provide pupils with the opportunity to play a game of boccia against pupils from another school(s) through a **virtual platform i.e Zoom, Teams, Google meet.**

#### Date:

- Schools will have until **Friday 30<sup>th</sup> April 2021** to enter either the competitive or non-competitive events.
- Both events will take place **W/C 17<sup>th</sup> May 2021**. With details of fixtures being confirmed once the entry deadline has passed.

#### Target group:

- Open to **ALL** pupils
- Both opportunities are open to all schools, both special & mainstream education. Schools will be grouped where appropriate once we have finalised numbers (*hence the entry deadline to allow us to make final arrangements for the event*).

#### What is this event?

- **Follow link for full set of rules and set up instructions** <https://www.nwleics-ssp.org.uk/wp-content/uploads/2017/02/Level-3-Virtual-Boccia-3-Final.pdf>

#### Format / How does it work?

- This event is primarily organised and ran by Leicestershire and Rutland Sport with the assistance of NWLSSP if required.
- To register your interest please visit <https://www.nwleics-ssp.org.uk/events/> and enter the LIVE Virtual Boccia event on the 17<sup>th</sup> May 2021.
- Once the official entry form has been released by LRS we will circulate this to all schools. This form will need to be completed and returned to the appropriate address.
- Please see the outline below for each category.
- For a look at the format please follow the link above.
- Summary of playing rules/format:
  - Three -a-side game with each player having two boccia balls each.
  - The game is played over a best of three or five ends (decided by teams prior to play), with each end being played to a different target – from 1 – 3.
  - Schools decide who throws first – (coin flip, rock paper scissors)
  - Each player should deliver their 2 boccia balls one after the other. With each player delivering in turn until all 6 balls have been thrown.
  - The score is then counted and shared



### **Competitive**

- Depending on the number of schools wishing to take part, a fixtures format would be set up with schools being required to play a certain number of games within the week (at an agreed time with each of their opponents) and return their results for each fixture to a central contact.
- Using a competition format appropriate to the number of schools taking part (1 or 2 stage process) schools would need to work through the required fixtures by the end of the week in order for us to be able to declare a County Champion.
- This element would be perfect for schools and young people who wish to compete with other school teams and young people, utilising the skills they have and will learn, to achieve a result and progress through a competition pathway to try and become County Champions.

### **Non-competitive**

- This element would be more free-form and allow schools to take part with no minimum or maximum expectation in terms of their engagement or the games they play over the course of the week. Schools would be free to contact other schools taking part and arrange as many or as few fixtures as they wished over the course of the week (at an agreed time with each of their opponents) with no need to submit results to anyone.

### **Timings: Approx**

- Set up 10-15minutes
- Played over 3 ends will take approx. 20mins
- Played over 5 ends will take approx. 30-35mins

### **Equipment:**

- Follow link for full list of equipment- <https://www.nwleics-ssp.org.uk/wp-content/uploads/2017/02/Level-3-Virtual-Boccia-3-Final.pdf>

