



## North West Leicestershire School Sports Partnership

### Autumn term booklet 2021-22

The following competition structure will enable more individual young people to represent your school in sport or physical activity at a level that is appropriate to their interests and competencies. Each competition has been allocated to a tier, with a description of the tiers as follows. Please ensure that you are aware of the tier of competition so that you can select your teams appropriately.

<b>Performance Competition</b>	<p>Performance based competitions catering for the most talented athletes and teams that your school can field, subject to some eligibility criteria (e.g. National Governing Body age restrictions on competitions). These competitions are an opportunity to showcase the sporting prowess of your school and for teams to progress to County finals and in most competitions to Regional and National finals. We would advocate an 'in it to win it' approach to team selection for these competitions, however this does not mean that schools with 'weaker' sides should not enter as the local SSPAN and County Final structure will allow each school to perform at their relevant level as it has done so in the past.</p>
<b>Development Competition</b>	<p>A newly branded strand of competitive school sport where the focus is to increase the number of individual pupils that represent schools. These competitions provide the opportunity for less-engaged students, or those that are engaged but are perhaps less talented in traditional sports, to participate in non-traditional competitions. The ideal model for this is that the pupils that represent a school in the 'Performance Competitions' would not be eligible to play in 'Development Competitions', though we understand that there may be some crossover for smaller schools.</p> <p>This competition tier is a new addition but is mostly based on existing sports. Where previously many schools have entered football and rugby players into dodgeball competitions, we aim to limit this so that other pupils may have the opportunity to represent their school at sport, rather than the most talented few monopolising the competition offer. The number of competitions has therefore not increased, but the new focus caters for an increase in the number of individual pupils that participate.</p> <p>The structure and format of these events may differ slightly with the potential introduction of alternative scoring and adapted rules implemented to assist with the provision of a more appropriate level of competition for the participants involved.</p>
<b>Engagement Festival</b>	<p>Competitions / Events that have the potential for different pupils, outside of the above competition pathways to represent their school in an event that is first and foremost about taking part and developing skills through sport. (Both physical and sport-transferable skills as well as life skills).</p>



## Competition Intent



Some event pages will feature a section called competition intent. These events will be run with the intent of developing one or more of the skills outlined below.

### To develop character and life skills

Young people do not always see or access the wider benefits from taking part in competitive sport. This theme shows that designing a competition around the process rather than focusing on the outcome (single measure of success) can help develop the children and young people's character and life skills.

### To develop different sport specific skills

A school sport competition should be a learning environment for the young people. It is very common that young people attending competitions may still need to develop their skills further. Incorporating skill development within a competition is an excellent way for the young people to learn and help them to understand how the skills link to the game itself. This can support the development of Physical Literacy for all young people and should not be seen as an approach only for younger less able pupils.

### To engage new audiences

Young people have different motivations to taking part in sport. Enjoyment is the biggest driver for activity (Active Lives Children and Young People Survey, Sport England, 2019).

### To improve health

If a single measure of success acts as a demotivator – utilising different approaches and celebrating success that is relative to the individual can help motivate and improve health.

### To increase motivation

Young people are motivated to take part in sport and competition for a variety of different reasons. Understanding your young people's motivations is the key to this theme. Designing competitions to increase a young person's motivations is a great way to ensure they continue to participate in the future.

### To foster social connections

Young people grow and mature at different rates, which has shown to impact on their performance in sport. Sport is typically played in chronological age groups but current research would suggest until the age of nine or ten, a child's month of birth can have an impact on selection within sport (relative age effect). Biological maturation is known to be a predictor of a young person's fitness and performance; young people who are advanced in maturation are likely to be identified as those with talent. However, young people who mature earlier are likely to play to their strengths (i.e. size, strength and power), meaning that they are less likely to develop their tactical and technical skills. Late maturers are often overlooked as being too small and therefore not provided with opportunities.

### To develop physical skills

Sport, physical activity and competition provides opportunities for young people to develop physical literacy skills in a fun environment at a level that is appropriate to them.

### To support individual development in sport

Sport can have a positive impact on developing young people as individuals. Whether a competition is for teams or individuals, there is still the opportunity to focus on individual development. This theme highlights the process of learning and values development of the young person rather than the result of the competition.



## **Multi-Sport Festivals**

[Festival - Refer to page 1 for more information](#)

**Date, Time and Venue:** Wednesday 13<sup>th</sup> October 2021 - 11:00am – 12:30pm – Arrive from 10:45am – Hermitage Leisure Centre  
Wednesday 13<sup>th</sup> October 2021 - 1:00pm – 2:30pm – Arrive from 12:45pm – Hermitage Leisure Centre  
Thursday 14<sup>th</sup> October 2021– 9:30am – 11:00am – Arrive from 9:15am – Ashby School  
Thursday 14<sup>th</sup> October 2021– 1:30pm – 3pm – Arrive from 1:15pm – Ashby School

**Age group:** Year 2/3

**Gender:** Mixed

**Number of pupils:** Maximum of 30 pupils per school

**Intent:** To develop physical skills

**Target group:**

- This is a fun skill based festival designed to be fully inclusive for all pupils to take part.
- Ideally schools will provide opportunity for any pupils who have not already experienced level 2 competitions.

**Format:**

- Pupils will be split into groups of approximately 10 children from different schools, depending upon the total number of children at the festival.
- Pupils will then take part in multi-sport based challenges to develop hand – eye coordination, movement and spatial awareness.
- These will be skill based for a number of sports.
- Pupils will rotate around the 10 stations.

**Equipment:** Pupils will need to wear PE kit and bring their own drink

**Additional information:** The festival will not be scored. The young person should simply be excited about taking part, developing the correct skills and having fun.

**NOTE:** Remember to detail number of pupils you are bringing on the website 1-30 pupils.



## **INCLUSIVE MULTI-SPORT**

**Festival - Refer to page 1 for more information**

- Date:** Tuesday 26<sup>th</sup> October 2021
- Times & Venues:** 9:30am – 11:00am @ Forest Way- Arrive from 9.15am  
1:30pm – 2.45pm @ Ibstock College- Arrive from 1.15pm
- Age Group:** Year 1 - 4
- Gender:** Mixed
- Number of Pupils:** Initial limit of maximum 12 pupils per school
- Intent:** To develop physical skills
- Target Group:** Pupils with a **physical, learning disability or co-ordination difficulty** from all special and mainstream schools.  
  
The event is aimed at beginner level children who have not had opportunity to represent the school at other sports events.
- Format:**
- The festival will focus on fun and skill development.
  - Pupils will be split into groups, depending upon the total number of children at the festival.
  - Pupils will take part in multi-sport skill based challenges.
  - Pupils will rotate around the stations.
- Equipment:** Pupils will need to wear PE kit and trainers. Pupils will need to bring their own drink.
- Additional Information:** The festival may be scored but this is secondary to taking part, developing skills and having fun.

**NOTE:** Remember to detail number of pupils you are bringing on the website 1-12 pupils.



## **Multi-Skill Festival**

**Festival - Refer to page 1 for more information**

<b><u>Date, Time and Venue:</u></b>	Wednesday 27 <sup>th</sup> October 2021 – 11:00am – 12:30pm – Arrive from 10:45am – Hermitage Leisure Centre  Wednesday 27 <sup>th</sup> October 2021 – 1:00pm – 2:30pm – Arrive from 12:45pm – Hermitage Leisure Centre  Thursday 28 <sup>th</sup> October 2021– 9:30am – 11:00am – Arrive from 9:15am – Ashby School  Thursday 28 <sup>th</sup> October 2021– 1:30pm – 3:00pm – Arrive from 1:15pm – Ashby School
<b><u>Age Group:</u></b>	Year 1
<b><u>Gender:</u></b>	Mixed
<b><u>Number of Pupils:</u></b>	Maximum of 30 pupils per school.
<b><u>Intent:</u></b>	To develop physical skills
<b><u>Target Group:</u></b>	This is a fun skill based festival designed to be fully inclusive for all pupils to take part.
<b><u>Format:</u></b>	<ul style="list-style-type: none"><li>• Pupils will be split into groups of approximately 10 children, depending upon the total number of children at the festival.</li><li>• Pupils will then take part in multi skill based challenges that develop their agility, balance and co-ordination, these will include running, jumping, throwing and catching.</li><li>• Pupils will rotate around the 10 stations.</li></ul>
<b><u>Equipment</u></b>	Pupils will need to wear PE kit and arrive already changed. They will also need to bring their own drink
<b><u>Additional Information:</u></b>	The festival will not be scored. The young person should simply be excited about taking part, developing the correct skill and having fun.

**NOTE: Remember to detail number of pupils you are bringing on the website 1-30 pupils.**