

Boccia — Challenge Card



Quick Introduction

- This challenge is all about accuracy.
- Players take turns trying to throw balls into zones.

Getting Started

- Set up as seen in the picture.
- Set up a seating for the player. Remember they must be sat down to throw the ball.
- 2.5m away from the chairs or bench set up a bench. 2.5m away from the bench set up a gate. 2.5m away from the first gate set up a second gate. 2.5m away from the second gate set up a third gate. Do not put cones in the middle of the gate as they might stop the balls rolling.
- Teams are made up of 3 players. Each player gets 2 boccia balls each.

Equipment Required

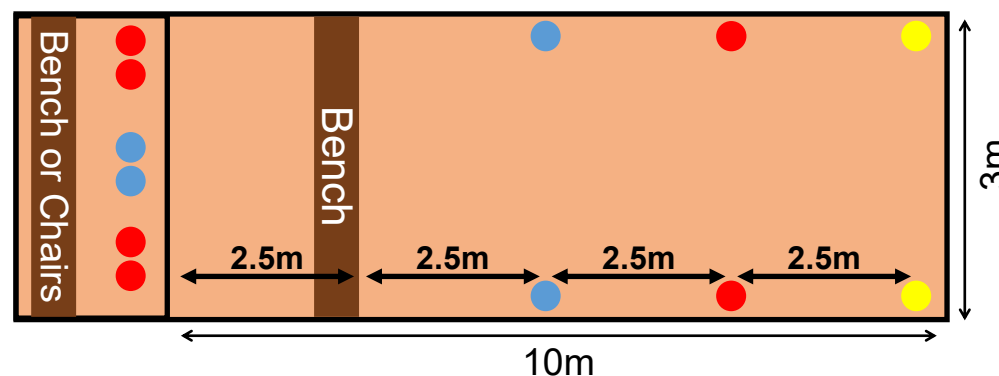
- 6 boccia balls.
- 2 bench.
- 2 red, blue and yellow cones.
- Score sheet.

Health and Safety

- Play towards a wall, throwing away from other players.
- Don't jump over the bench.

Term 2

BENCH THROW



Scoring

- The team with the highest accumulative score at the end of the **10 minutes** wins.
- Points are awarded according to where the ball stops, not where it lands.
- 5 point for landing and staying on the bench.
- 3 points for stopping before the blue.
- 2 points after the blue but before the red.
- 1 point for after the red but before the yellow.
- 0 points for after the yellow cones.
- Players will get an additional 2 points if they hit the top of the bench and it lands in a scoring zone.
- Add the 3 player's scores together to get a team total.

