

Date: 30th April 2019

Time: 1-3pm

Venue: Ibstock Community College

Age Group: Years 2/3

<u>Gender:</u> 2 boys and 2 girls per school team. 1 team per school. Contact <u>nwlssp@kinged.org.uk</u> to request additional teams.

Number of pupils:

- 4 players per team
- Initial limit of 1 team per school. However, depending on entries this may be increased. If you would like to enter a second team, please email nwlssp@kinged.org.uk.

Target group:

• All year 2/3 children

Format:

- Children will rotate around badminton skill stations and games collecting points for their team
- Stations will challenge participants in a variety of badminton skills

Equipment:

- Pupils will need to bring suitable clothing and footwear
- Pupils will need to bring their own water bottles
- All other equipment will be provided



Year 3/4 Tag Rugby

Dates and Venues:	Wednesday 1 st May 2019 – Ashby Rugby Club Thursday 2 nd May 2019 – Coalville Rugby Club				
<u>Time:</u>	12pm – 5.15pm				
Age Group:	Year 3/4				
<u>Gender:</u>	Teams must have a minimum of 4 boys and 4 girls in the squad. With 2 boys and 2 girls on the pitch at all times.				
Number of Pupils:	Teams of 8 a side, max squad of 12. (Limit of 3 teams per school).				
Target Group:	All pupils in the relevant age groups are eligible to compete.				
Finals:	Thursday 9 th May at Ashby RFC 3pm – 4pm				
Format: • • • • • • • • • • •					
<u>Rules:</u>	See Below				
<u>Pathway:</u> •	All participants will be given information on Coalville RC and Ashby RFC on the day of the competition. The winning schools from the two Year 3/4 competitions at Ashby RFC and Coalville RFC will play each other, with the winner representing the North West Leicestershire School Sport Partnership at the Level 3 Finals on Wednesday 22 nd May 2019 at Vipers RFC				



Tag Rugby Rules

Ball Carrying

• The ball must be carried in two hands and players must not obstruct the tags using the ball.

Free pass

- A free pass from the centre of the pitch is used to start the game, and after every time a try is scored. It is also used at the side of the pitch when the ball goes in touch and from where the referee makes a mark after an infringement has been made.
- Free passes cannot be taken nearer than 7m from the goal line. The pass must go backwards to a member of the team starting 2m away from the taker. Opponents must be 7m away.

Scoring

• To score a try the ball must be <u>placed</u> down behind the opponents scoring line (no diving).

Passing

• Passes must be made sideways or backwards. If the ball is passed forward or handed to a team mate the opposition is awarded a free pass. Also if the ball is grabbed from the hands a free pass is awarded.

<u>The Tag</u>

- The tag is the removal of one of the tags from the ball carriers belt. The ball carrier can dodge but not prevent their tags being taken. Players must have 2 tags to be part of the game.
- When the ball carrier is tagged they must pass the ball within 3 seconds or 3 steps, the ball carrier has 1 step to score a try once tagged.
- After being tagged the player must retrieve and re-attach their tag before re-joining the game. The player making the tag must give the tag back to the player it came from and must not simply throw it on the floor.

Knock on

• A knock on occurs when a player attempting to catch the ball fumbles or drops it forwards, a free pass is awarded.

<u>Offside</u>

• When a tagged player is passing the ball all opposition players must return to behind the ball and cannot interfere with the pass unless they have started behind the ball. If this does occur, a free pass will be given.



GO RIDE CYCLING – Pre Competition Training Event

- This event is primarily for those schools who are also attending the Level 2 event on the 17th of May 2019.
- If you are not attending the level 2 event and would like to enter this event then email <u>nwlssp@kinged.org.uk</u> to be added to the waiting list.
- This event is a pre competition event aimed at giving pupils and teachers the basic skills to successfully compete in the Level 2 competition as well an opportunity for more children to have an experience of Go Ride Cycling.
- Although bikes will be provided for this event, they are very limited so children are strongly
 encouraged to bring their <u>own bikes</u> that have gears and are in good working order along
 with helmets.
- Teachers will need to be actively engaged in the running of this event to upskill through seeing first-hand how this event runs for the following week.

DATE: 3rd May 2019

TIME: 10.00am-12.00 & 1.00pm-3.00pm

VENUE: King Edward VII College Coalville, Sports Field

AGE GROUP: Year 5/6 Children

GENDER: Mixed event

NUMBER OF PUPILS: No stipulation on number of boys/girls that can enter. **Maximum of 12 children per school**- If you would like to bring more email <u>nwlssp@kinged.org.uk</u> and we will put you on a waiting list.

TARGET GROUP: All pupils are eligible to take part in this competition

FORMAT: There will be an informal introduction to the track/course with pupils being taught how to use gears, the format of the level 2 as well as being able to take part in the events below.

Cyclo Cross Format

- 1 x Team Relay (will count towards team result). Quickest time over 6 laps with students completing 1 lap each before dismounting their bike and 'tagging' another member of their team to then undertake the next lap.
- 1 x Boys individual race (All boys will race together, maximum 10 minutes race, will not count towards the team result).
- 1 x Girls individual race (All girls will race together, maximum 10 minutes race, will not count towards the team result).

Grass Track Format

- Italian Pursuit (will count towards team result).
- Quickest time over the oval course.
- 6 riders to ride. Rider number 6 completes the full 6 laps. Each other rider will 'peel' off after their lap so rider 1 completes 1 lap, rider 2 completes 2 laps and so on.
- Races will be timed, so the quickest team to complete the race will win.



MINI RED TENNIS - YEARS 3/4

DATE: Wednesday 8th May 2019

TIMES: 9.30am -12.00 & 1.00pm - 3.30 p.m.

VENUE: Ashby Castle Tennis Club

AGE GROUP: Year 3/4

GENDER: Mixed (2 boys & 2 girls)

<u>NUMBER OF PUPILS</u>: Maximum of 3 teams per school. A team consists of 4 players — two boys and two girls. Schools can enter up to 3 teams.

TARGET GROUP: All year 3/4 pupils

FINAL: Wednesday 22nd May 2019, Ashby Castle Tennis Club 12pm

FORMAT: Skills activities and games will be played on badminton sized courts.

EQUIPMENT: Mini Tennis rackets and Mini Tennis red felt balls will be used. Pupils should come changed in PE kit with long hair tied back & all jewellery removed. Please bring your own water bottle and rackets if you have them.

RULES:

Timed Tennis is used as the format; players play for a set period of time, until the whistle blows. The length of matches depends on time available and amount of entries, but matches normally last ten minutes.

The serve is decided by a 'toss' at the start of the match. The nominated person serves for the first point; it then alternates every two points. When serving, players should stand behind the baseline and the ball must not be bounced before being hit.

The serve can be hit over or underarm and should be hit diagonally, landing in the diagonally opposite service box.

Each court will have a helper/scorer, who calls out the scores and helps out with decisions.

Pathway:

The winning team will progress to represent North West Leicestershire at the Level 3 School Games on Tuesday 25th June 12:30 – 4pm at Uppingham Community College



GO RIDE CYCLING COMPETITION- MIXED 5/6

DATE: 17th May 2019

TIME: 10.00am-12.00 & 1.00pm-3.00pm

VENUE: King Edward VII College Coalville, Sports Field

AGE GROUP: Year 5/6 Children

GENDER: Mixed competition

NUMBER OF PUPILS: Schools must have 6 in a team, no more, no less. There must be a minimum of 2 girls and 2 boys on each team.

<u>**1 team per school**</u>- please email <u>nwlssp@kinged.org.uk</u> if you would like multiple teams and if there is space available they will be allocated accordingly.

TARGET GROUP: All pupils are eligible to play in this competition

FORMAT:

There will be a Cyclo Cross and Grass Track competition.

- The team results from both formats will count towards the final team result.
- Individual races will take place in the Cyclo Cross competition, but will not count towards the team result.
- Participants can bring their own bikes to the competition however Cyclo cross bikes and helmets will also be provided.

Cyclo Cross Format

- 1 x Team Relay (will count towards team result). Quickest time over 6 laps with students completing 1 lap each before dismounting their bike and 'tagging' another member of their team to then undertake the next lap.
- 1 x Boys individual race (All boys will race together, maximum 10 minutes race, will not count towards the team result).
- 1 x Girls individual race (All girls will race together, maximum 10 minutes race, will not count towards the team result).

Grass Track Format

- Italian Pursuit (will count towards team result).
- Quickest time over the oval course.
- 6 riders to ride. Rider number 6 completes the full 6 laps. Each other rider will 'peel' off after their lap so rider 1 completes 1 lap, rider 2 completes 2 laps and so on.
- Races will be timed, so the quickest team to complete the race will win.

Pathway

The winner will progress to represent NWLSSP at the Level 3 competition at Longfield Academy on the 11th June 2019 12.30-3pm.



AGE GROUP:	Year 5/6 Girls Kwik Cricket
DATE:	20 th May 2019
TIME:	12pm – 5pm
VENUE:	Broom Leys Cricket Club
NUMBER OF PUPILS:	8 pupils per team with a maximum of 10 pupils in the squad. 2 teams per school. Contact nwlssp@kinged.org.uk to request additional teams.
TARGET GROUP:	All pupils are eligible to take part

FORMAT:

- A round robin format or appropriately sized pools leading to a knockout in the later stages. This will be confirmed on the day based on the number of teams entered.
- Games will be one innings per team, 8 overs per innings; with each pair of batters receiving 2 overs.

EQUIPMENT:

- Pupils will need to wear PE kit and trainers and bring their own drinks.
- Schools are asked to bring 1 Kwik Cricket set each where possible.

KWIK CRICKET RULES:

• Full rules are in Mixed Cricket Section

PROGRESSION:

- Junior coaching is available at a number of local clubs, contact NWLSSP for further information.
- Winning schools from the NWLSSP Level 2 competition will progress to the Level 3 School Games Summer Championships on 28th June 2019 at Uppingham School Sports Centre.



MIXED KWIK CRICKET

AGE GROUP:	Year 5/6 Mixed (any combination)
DATE/VENUE:	21 st May 2019 – Broom Leys Cricket Club 23 rd May 2019 - Ashby Hastings Cricket Club
<u>TIME:</u>	12pm – 5pm
NUMBER OF PUPILS:	8 pupils per team with a maximum of 10 pupils in the squad. Max 2 teams per school.
TARGET GROUP:	All pupils are eligible to take part

FORMAT:

- A round robin format or appropriately sized pools leading to a knockout in the later stages. This will be confirmed on the day based on the number of teams entered.
- Games will be one innings per team, 8 overs per innings; with each pair of batters receiving 2 overs.

EQUIPMENT:

- Pupils will need to wear PE kit and trainers and bring their own drinks.
- Schools are asked to bring 1 Kwik Cricket set each where possible.

KWIK CRICKET RULES:

• Full rules are attached.

PROGRESSION:

- Junior coaching is available at a number of local clubs, contact NWLSSP for further information.
- Winning schools from the NWLSSP Level 2 competition will progress to the Level 3 School Games Summer Championships on 28th June 2019 at Uppingham School Sports Centre.

Kwik Cricket Rules 2019

Year Group(s)

• Year 5/6 Mixed (open) and Year 5/6 Girls

Team

- Each team comprises of 8 players. Max squad of 10.
- Quotas pertaining to mixed sex teams have been abolished.
- In the event of injury to a player, a substitute will be allowed to field, but not bowl. Should such an injury prevent the player batting, a substitute will be allowed to bat only with the permission of the opposing member of staff.

Format

• Throughout the Tournament each game shall consist of one innings per team, each innings to be 8 overs long.

Rules

Batting & Scoring

- The batting side shall be divided into pairs, each pair batting for 2 overs, with a new pair starting at the end of the second, fourth and sixth overs.
- Team starts 200 runs. Each time a batter is out, 5 runs are deducted and the other batter of the pair faces the next ball.
- A batter may be out bowled, caught, run out, stumped, hit wicket.
- There is no LBW law unless the batter deliberately blocks the ball with a leg or foot.
- Runs will be scored in the normal way, as will byes.
- 2 runs will be awarded to the batting team for each wide ball and no-ball bowled, but no extra ball will be allocated, except in the final over of each innings when, in addition to the 2 runs, an extra ball will be bowled.
- At the end of the first 2 overs, the first pair of batters retires and is replaced by the second pair until all 4 pairs have batted for 2 overs each.
- The second team then bats for its 8 overs.

Bowling and Fielding

- Each player on the fielding side must bowl 1 over.
- Bowling will take place from one end only.
- Bowling should be over arm where possible.
- Overarm bowling should be encouraged with the first ball of each over every time.
 - If after coaching and encouragement a child cannot achieve overarm bowling then the rest of the over can be bowled underarm.
- At Level 3 underarm bowling is unacceptable and the 'double bounce' rule should be applied i.e. if the ball bounces more than ONCE, or rolls along the ground before it reaches the popping crease.
- Players on the fielding side DO NOT need to rotate fielding positions.
- With the exception of the wicketkeeper no fielder may field within 10 yards of the wicket, measured from the middle stump except behind the wicket on the off-side. A fielder may move into the restricted area to field a ball provided he / she was outside the area when the stroke was made.



MINI ORANGE TENNIS – YEARS 5/6

This competition will not be suitable for players who are complete beginners- Refer to Target

<u>Group</u>

DATE: Wednesday 22nd May 2019

TIMES: 9:30am-12pm & 1pm-3.30pm

VENUE: Ashby Castle Tennis Club

AGE GROUP: Year 5/6

GENDER: Mixed (2 boys & 2 girls)

NUMBER OF PUPILS: A team consists of 4 players — two boys and two girls no more no less. Schools can enter up to 3 teams.

TARGET GROUP:

All pupils in year 5/6 are eligible to compete. Although it is important that players are competent tennis players and are confident with the rules and format of Mini Orange Tennis. This form of tennis is different and a lot more difficult that Mini Red and will require the players to use Mini Orange tennis balls and play on a larger court.

Format:

- Matches will be played over the main net with the court measuring half the width and 3 quarters the length of a full size court.
- Matches will be timed
- Alternate serving

EQUIPMENT: Mini Tennis rackets and Mini Tennis orange balls will be used.

Pupils should come changed in PE kit with long hair tied back & all jewellery removed. Please bring your own water bottle and rackets if you have them.

RULES:

Timed Tennis is used as the format; players play for a set period of time, until the whistle blows. The length of matches depends on time available and amount of entries, but matches normally last ten minutes.

The serve is decided by a 'toss' at the start of the match. The nominated person serves for the first point; it then alternates every two points. When serving, players should stand behind the baseline and the ball must not be bounced before being hit.

The serve can be hit over or underarm, landing in the opposite service box.

Each court should have a helper/scorer, who calls out the scores and helps out with decisions.

Pathway:

The winning team will progress to represent North West Leicestershire at the Level 3 School Games on Tuesday 25th June 12:30 – 4pm at Uppingham Community College



QUADKIDS - YEARS 3/4

VIRTUAL COMPETITION

DATE:	Results deadline – <mark>Tuesday 7th May 2019</mark>
FORMAT:	Schools must complete each of the events listed below within their school and record scores (using the attached form) for teams of up to 5 boys and 5 girls. We will not require name so please don't provide any.
	Scores should be submitted to NWLSSP@kinged.org.uk no later than Tuesday 7 th May 2019
	Schools can enter as many teams as they wish to the virtual competition.
	The top 10 teams (max. of 1 per school) will be invited to attend the final.
	<u>FINAL</u>
DATE:	4 th June 2019
<u>TIME</u> :	3.00 – 6.00pm
VENUE:	King Edward VII Sport and Science College
GENDER:	Mixed
NUMBER OF PUPILS:	1 Team per school can attend the final
	Minimum of 4 boys and 4 girls per team
	Maximum of 5 boys and 5 girls per team
	The top 4 boys' scores and the top 4 girls' scores over the 4 events will be added together for the team score
<u>EVENTS:</u>	50 metre sprint 400 metre run Vortex Howler (approx. 32cm long) throw (max. 2 step run up)- <mark>No tennis ball throw</mark> Standing Long Jump
TARGET GROUP:	Year 3/4

The four events take place in a rotational sequence. Each athlete is placed in a pool and competes in all events. Individual performances (times and distances) are scored and recorded.

The scores of the top four boys and top four girls over the four events are added together to give the team score and the team with the highest cumulative points score wins.

PATHWAY:Winning schools from the NWLSSP Level 2 competition will progress
to the Level 3 School Games Summer Championships on 28th June
2019 at Uppingham School Sports Centre.

NWLSSP YEAR 3 / 4 QUAD KIDS Level 2 virtual Competition 2019

SCHOOL:.....

<u>CONTACT;</u>

Year 3 / 4 Team : 4 or 5 girls and 4 or 5 boys per team - The top 4 boys' scores and the top 4 girls' scores over the 4 events will be added together for the team score.

Year 3 / 4 Events:

- 50 metre sprint (Timed) •
- 400 metre run (Timed) •
- Vortex Howler throw (approx. 32cm long) (max. 2 step run up) best of 3 consecutive throws
- Standing Long Jump 2 feet to 2 feet (NO run up) best of 3 non-consecutive jumps each • child takes first jump them each child takes a second jump, etc.)

Year 3 / 4 RESULTS – Please fill in results in the yellow highlighted boxes						
Athlete	Gender	50 m Time/ score	400m time/ score	Vortex distance/ score	Jump Distance/ score	Total score
1	Female					
		Office use				
2	Female					
		Office use				
3	Female					
		Office use				
4	Female					
		Office use				
5	Female					
		Office use				
1	Male					
		Office use				
2	Male					
		Office use				
3	Male					
		Office use				
4	Male					
		Office use				
5	Male					
		Office use				



QUADKIDS - YEARS 5/6

VIRTUAL COMPETITION

DATE:	Results deadline - <mark>Tuesday 7th May 2019</mark>
FORMAT:	Schools must complete each of the events listed below within their school and record scores (using the attached form) for teams of up to 5 boys and 5 girls. We will not require name so please don't provide any.
	Scores should be submitted to NWLSSP@kinged.org.uk no later than Tuesday 7 th May 2019.
	Schools can enter as many teams as they wish to the virtual competition.
	The top 10 teams (max. of 1 per school) will be invited to attend the final.
	<u>FINAL</u>
DATE:	6 th June 2019
<u>TIME</u> :	3.00 – 6.00pm
VENUE:	King Edward VII Sport and Science College
GENDER:	Mixed
NUMBER OF PUPILS:	1 Team per school can attend the final
	Minimum of 4 boys and 4 girls per team
	Maximum of 5 boys and 5 girls per team
	The top 4 boys' scores and the top 4 girls' scores over the 4 events will be added together for the team score
<u>EVENTS:</u>	75 metre sprint 600 metre run Vortex Howler (approx. 32cm long) throw (max. 2 step run up <mark>)- no</mark> <mark>tennis ball throwing</mark> Standing Long Jump
TARGET GROUP:	Year 5/6

The four events take place in a rotational sequence. Each athlete is placed in a pool and competes in all events. Individual performances (times and distances) are scored and recorded.

The scores of the top four boys and top four girls over the four events are added together to give the team score and the team with the highest cumulative points score wins.

PATHWAY:Winning schools from the NWLSSP Level 2 competition will progress
to the Level 3 School Games Summer Championships on 28th June
2019 at Uppingham School Sports Centre.

NWLSSP YEAR 5 / 6 QUAD KIDS Level 2 virtual Competition 2019

SCHOOL:....

CONTACT;.....

Year 5 / 6 Team : 4 or 5 girls and 4 or 5 boys per team – The top 4 boys' scores and the top 4 girls' scores over the 4 events will be added together for the team score.

Year 5 / 6 Events:

- 75 metre sprint (Timed)
- 600 metre run (Timed)
- Vortex Howler throw (approx. 32cm long) (max. 2 step run up) best of 3 consecutive throws
- Standing Long Jump 2 feet to 2 feet (NO run up) best of 3 non-consecutive jumps each child takes first jump them each child takes a second jump etc)

Year 5 / 6 RESULTS – Plea	se fill in your results in	n the yellow highlighted boxes
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Athlete	Gender	75 m Time/ score	600m time/ score	Vortex distance/ score	Jump Distance/ score	Total score
1	Female					
		Office				
		use				
2	Female					
		Office				
		use				
3	Female					
		Office				
	<u> </u>	use				
4	Female					
		Office				
5	E a ma a la	use				
5	Female					
		Office				
1	Male	use				
1	wate					
		Office				
2	Male	use				
۷. ۲	Wate	0.11				
		Office				
3	Male	use				
Ŭ	maie	011				
		Office use				
4	Male	u30				
		Office				
		use				
5	Male	400				
		Office				
		use				



High 5 Netball Festival

DATE/VENUE: Tuesday 11th June 2019- Ashby School Wednesday 12th June 2019- Ashby School GRAND FINAL- Tuesday 18th June 2019

TIME: 3:30pm - 5:30pm

AGE GROUP: Year 5 & 6

TEAMS:

Max 2 teams per school. If you would like to bring a 3 team please let us know on nwlssp@kinged.org.uk and we will add you to the waiting list.

- 7 Minimum /9 Maximum players per squad, 5 players on court at any time.
- You may have a maximum of 3 boys per squad with 2 on court at any one time.
- •
- On-court positions: GS, GA, C, GD, GK Off-court positions: Scorers (S), Time Keeper (TK), Centre Pass Marker (CPM) Players must rotate positions and play at least two quarters, in two different positions (shooting, centre, and defending) and must not be off court consecutively.
- Please note any team(s) fielding less than the minimum or more than the maximum matches played will only be counted as friendlies

TARGET GROUP: All pupils are eligible to take part.

FORMAT:

- Schools will be put into pools and will play other schools in the pool on a round robin basis. There may also be a knock out in the later stages for pool winners.
- Games will be approximately 10-12 minutes, a half time will be included if time permits. Times may change dependent on number of entries.
- In the pool stages, 3 points will be awarded for a win, 2 points for a draw and 1 point for a loss.
- Young Leaders will umpire the games supported by NWLSSP staff. If you have a member of staff who is an experienced netball player / referee then they are welcome to officiate games that their team aren't playing in.
- The winning team from each event will progress to the L2 Final on Tuesday 18th June 2019.

RULES:

Start of play

- Centre pass is taken alternately-ball must be thrown within 4 seconds
- All players must be in their own area, until the whistle blows
- The ball must be caught or touched in the centre third
- Obey the Footwork rule-no moving feet once in the centre circle

Rotation - Please note that Hi 5 netball adopts a rotational system to ensure that players play in all positions and develop a rounded skill set. Details of the rotations can be found on page 3 on

https://www.englandnetball.co.uk/high5/resources-downloads/

Rotations- http://www.nwleics-ssp.org.uk/rules/

Playing the Ball – players must not;

- Deliberately kick the ball
- Bounce the ball more than once
- Roll the ball to another player
- Throw the ball while sitting /lying on the ground
- Use the goalpost as support in receiving the ball or to gain balance
- Go out of court
- Throw a ball over a complete third without it being touched or caught by another player in that third
- Regain possession of the ball, having dropped or thrown it, before it has been touched by another player

Footwork

- Player when receiving the ball land 1 foot then the next foot (2) but the first foot that touches the ground must remain grounded until they release the ball their second foot (2) may be moved to help them pivot and face the way they are going to throw
- A player in possession of the ball may not Drag or slide the landing foot, hop or jump from both feet and land without releasing the ball before landing.
- A player is off-side by entering an area of the court they are not allowed in

Out of court

- Player touches the ball with a foot outside the court (on the line is in) or the ball goes out of court
- Throw in is taken from where the ball left the court and can only be taken by a player allowed in that area

Defending, Obstruction & Contact

- Defending the ball in a player's hands by out stretching the arms is not permitted.
- The defending players are allowed <u>one</u> jump to intercept from at least 1m (Jumping up and down in front of a player is not allowed)
- Netball is a non-contact sport no players can knock/push or interfere with play

Scoring a Goal

• A goal is scored when the ball passes completely through the ring from top to bottom and can only be scored by Goal Shooter (GS) or Goal Attack (GA) within the shooting circle. If goal is scored by another player the game continues

Sanctions (new terminology previous known as Penalities):

Free Pass – Awarded when there is an infringement of the playing the ball rule, footwork rule, or offside rule and is awarded to the opposite team. Any player allowed in the playing area can take the free pass.

Penalty Pass/Shot – Awarded when there is a major infringement. Obstruction/contact occurs if in the shooting circle then GS/GA may shoot for goal or pass, if outside circle player must pass. The player taking the penalty pass may choose to either wait for the infringing player to stand by their side before passing the ball or pass the ball immediately. The infringing player is not allowed to interfere with the pass whilst it is being made.

EQUIPMENT: Pupils will need to wear PE kit and bring their own drink. Schools are asked to bring Netball bibs with positions on.

PROGRESSION: The top 2 teams from each competition will play in the grand final which will take place on Tuesday 18th June 2019 at Ashby School.

The overall winning school will then go through to represent the NWLSSP at the School Games Summer Championships which is being held at Uppingham School Sports Centre on Friday 28th June 2019.



TRI GOLF PATHWAY Year 3/4 & 5/6

DATES: 13th June 2019

TIME:

- Year 3/4 1:00-3:00pm
- Year 5/6 3:00pm-5:00pm

VENUE: The Golf Centre, Coalville

AGE GROUP: Year 3/4 and Year 5/6

GENDER: Mixed teams,

NUMBER OF PUPILS: 10 players in a team, **5 boys 5 girls**. Maximum of 1 team per school. Only eligible teams will be able to advance to Level 3.

TARGET GROUP: All pupils are eligible to take part in this competition.

FORMAT: Schools will rotate around 8 skilled based activities spending 5 mins on each one. Points will be awarded to each school team on each activity; which will result in an overall total at the end of the competition.

EQUIPMENT: Pupils will need to wear PE kit and will need to bring their own drink. All tri golf equipment will be provided at the competition.

ADDITIONAL INFORMATION: For full colour resources please visit the website: www.golf-foundation.org Click on schools-school games-documents will be available on the left side. We also have some tri-golf bags of equipment which you may be able to borrow prior to the event, but will need back in time for the first Festival.

PROGRESSION: The winning teams will go through to the Level 3 School Games Summer Championships on 28th June 2019 at Uppingham School Sports Centre



TRI GOLF FESTIVALS Year 3/4

DATES: 18th June 2019

TIME:9.30am - 11am@ King Edward VII1.15pm - 2.45pm@ Ashby School

AGE GROUP: Year 3/4

GENDER: Mixed teams

NUMBER OF PUPILS: 10 players in a team. Maximum of 3 teams per school.

TARGET GROUP: All pupils are eligible to take part in this competition.

FORMAT: Schools will rotate around 8 skilled based activities spending 5 mins on each one.

EQUIPMENT: Pupils will need to wear PE kit and will need to bring their own drink. All tri golf equipment will be provided at the competition.

ADDITIONAL INFORMATION: For full colour resources please visit the website: www.golf-foundation.org click on documents at the top of the page and then select the PDF file 'Complete Competition Toolkit'. We also have some tri-golf bags of equipment which you may be able to borrow prior to the event, but will need back in time for the first Festival.