



# North West Leicestershire

## School Sports Partnership

### Spring term booklet 2019-20



The following is a NEW and updated competition structure that will enable more individual young people to represent your school in sport or physical activity at a level that is appropriate to their interests and competencies. Each competition has been allocated to a tier, with a description of the tiers as follows. Please ensure that you are aware of the tier of competition so that you can select your teams appropriately.

<b>Performance Competition</b>	Performance based competitions catering for the most talented athletes and teams that your school can field, subject to some eligibility criteria (e.g. National Governing Body age restrictions on competitions). These competitions are an opportunity to showcase the sporting prowess of your school and for teams to progress to County finals and in most competitions to Regional and National finals. We would advocate an 'in it to win it' approach to team selection for these competitions, however this does not mean that schools with 'weaker' sides should not enter as the local SSPAN and County Final structure will allow each school to perform at their relevant level as it has done so in the past.
<b>Development Competition</b>	A newly branded strand of competitive school sport where the focus is to increase the number of individual pupils that represent schools. These competitions provide the opportunity for less-engaged students, or those that are engaged but are perhaps less talented in traditional sports, to participate in non-traditional competitions. The ideal model for this is that the pupils that represent a school in the 'Performance Competitions' would not be eligible to play in 'Development Competitions', though we understand that there may be some crossover for smaller schools. This competition tier is a new addition but is mostly based on existing sports. Where previously many schools have entered say, football and rugby players into dodgeball competitions, we aim to limit this so that other pupils may have the opportunity to represent their school at sport, rather than the most talented few monopolising the competition offer. The number of competitions has therefore not increased, but the new focus caters for an increase in the total of individual pupils that participate. The structure and format of these events may differ slightly with the potential introduction of alternative scoring and adapted rules implemented to assist with the provision of a more appropriate level of competition for the participants involved.
<b>Engagement Festival</b>	Sports/Events that have the potential for different pupils, outside of the above competition pathways to represent their school in an event that is first and foremost about taking part and developing skills through sport. (Both physical and sport-transferable skills as well as life skills.)

***Please remember if you are a small school you can partner up with another small school to have an eligible team***



## Primary Boccia

### Changes to the Boccia!

This year the competition has been split into 2 competitions **development pathway** and **festival**.

The pathway competition is for those schools who have a complete eligible SEND team and who want to challenge for a place at level 3 competitions.

This Festival event is for those schools who do not have an eligible team or who do not want to challenge for a place at level 3 but want to bring a team to participate.

Full outlines are below. Please read carefully before making a decision which one you want to enter as you are limited to a max of **3 teams across all competitions**.

*Please remember if you are a small school you can partner up with another small school to have an eligible team*

<b>DEVELOPMENT PATHWAY – SEND ONLY</b>	<b>Date:</b>	Tuesday 14 <sup>th</sup> January 2020
	<b>Venue / Time:</b> (please specify)	9.15am – 11.00am Forest Way 1.15pm – 3pm Ibstock College
	<b>Age Group:</b>	Years 3 – 6
	<b>Gender:</b>	Open mixed (no stipulation on numbers of boys and girls)
	<b>Number of pupils:</b>	3 children in a team with squads of up to 6 children <u>An Eligible team is a team consisting exclusively of children with SEND.</u>
	<b>Competition Type:</b>	Development Pathway
	<b>Target group:</b>	<ul style="list-style-type: none"><li>Pupils with a <u>physical, learning disability or co-ordination difficulty</u> from all special and mainstream schools.</li></ul>
	<b>Format:</b>	<ul style="list-style-type: none"><li>Please let us know if you will be entering an ineligible team before the competition, if your team is ineligible please consider entering the festival event for children who are not SEND.</li><li>Round robin format followed by a knockout format to reach an overall winner.</li></ul>

<b><u>Date:</u></b>	Tuesday 14 <sup>th</sup> January 2020
<b><u>Venue / Time:</u></b>	1.15pm – 3pm                      Ibstock College
<b><u>Age Group:</u></b>	Years 1 – 6
<b><u>Gender:</u></b>	Open mixed (no stipulation on numbers of boys and girls)
<b><u>Number of pupils:</u></b>	Teams will be made up of 3 children per team and 6 in a squad.
<b><u>Competition Type:</u></b>	Festival
<b><u>Target group:</u></b>	<ul style="list-style-type: none"> <li>• Pupils with a <u>physical, learning disability or co-ordination difficulty</u> from all special and mainstream schools.</li> <li>• The event is aimed at beginner level children who have not had opportunity to represent the school at other sports events.</li> </ul>
<b><u>Format:</u></b>	<ul style="list-style-type: none"> <li>• To be confirmed closer to event – likely to be round robin format with the aim of maximum participation for all players.</li> </ul>

**Key Terminology:**

- White ball = “Jack”
- Red and Blue balls = team balls
- Red side/Blue side = colour of the ball a team is using for that game.
- End = Game

**Rules:**

- The red side always starts the first end by propelling the jack into court. The captain chooses the player on their side to play the jack. The jack ball must cross the ‘V’ line to be in play.
- The player who propels the jack ball also plays their team’s first coloured ball.
- A player from the opposing side then propels their first coloured ball.
- The side whose ball is furthest from the jack must play until they either manage to get closer to the jack, or run out of balls. The side with remaining balls then propels them.
- The end is completed when all balls from both sides have been played.
- The end is scored by awarding one point for every ball of the same colour closer to the jack than the nearest opposing coloured ball.
- Blue side then starts the second end.
- More information on general boccia at:
  - <http://boccia.uk.com/about-boccia/> (links to rules and court diagrams down the page).

**Equipment:**

- All games can be played from a seated position so clothing requirements are flexible – ideally sports clothing should be worn and suitable indoor footwear.
- It is advised participants bring filled water bottles.

**Progression:**

- If you would like to deliver more Boccia in your school, NWLSSP offers a Boccia CPD for staff to be able to set up and run Boccia events or clubs within your school. This is part of your buy in option. Contact Tracey ([nwlssp@kinged.org.uk](mailto:nwlssp@kinged.org.uk)) to book a workshop in.
- There will be a Level 3 Boccia competition for the winners of the North West Leicestershire competition to attend. Details TBC.



## Year 5/6 Basketball

**[Performance Event- Refer to page 1 for more information](#)**

**Date/Venues & Times:** 21<sup>st</sup> January – Castle Rock – 4pm – 5.30pm  
22<sup>nd</sup> January – Ibstock CC – 3.30pm – 5.30pm  
23<sup>rd</sup> January – Castle Rock – 4pm - 5.30pm  
30<sup>th</sup> January – Castle Rock – 4pm – 5.30pm  
Level 2 final for qualifying schools 06/02/20 at Castle Rock High School, 4pm-5pm

**Age Group:** Year 5/6

**Gender:** Open Mixed (No stipulation on number of boys or girls per team)

**Number of pupils:** 10 players per squad, 5 players on court

**Format:**

- A round robin format or appropriately sized pools leading to a knockout in the later stages. This will be confirmed on the day based on the number of teams entered.

**Rules**

- Games shall be approx. 6 minutes (one-way), against a running clock. (Dependent on available court time)
- No time outs are allowed
- Directional arrow will determine jump ball situations and possession.
- Player – Player defence, ½ court only.
- Substitutes - Coaches are strongly encouraged to use a rotation system so all players have equal court time.
- There will be no personal fouls recorded; however, referees have the power to eject players if they are abusing this rule. Each team can have 6 team fouls and thereafter the opposing team will receive 1 point and possession.
- No foul shots will be taken. If a player is fouled in the act of shooting and the shot scores 3 points will be awarded. If the player is fouled in the act of shooting and the shot misses 1 point is awarded and the team gains side line possession at the nearest side or end line.
- Should a team field ineligible player on the day then they cannot win the competition.
- Three basic rules apply to the Years 5 & 6 tournament:
  1. No double dribble
  2. No travelling
  3. No contact.
- **Teams must retreat to the half way line once they have lost possession in their front court.**

**Equipment:**

- Pupils will need to wear appropriate clothing and footwear suitable for indoor sports, with matching clothing.
- Drinks are highly recommended for all players.

**Progression:**

- The winning team from the Level 2 final will progress to a level 3 competition 24<sup>th</sup> March 2020 at Leicester Arena 12.30-3pm.



## **KEY STEPS 3 GYMNASTICS**

**Performance Event- Refer to page 1 for more information**

<b><u>DATE:</u></b>	<b>11<sup>th</sup> February 2020</b>
<b><u>AGE GROUP &amp; LEVEL:</u></b>	<b>Key Steps 3 - Year 5 &amp; 6 - under 11s</b>
<b><u>TIME:</u></b>	Start and finish times TBC, depending on number of entries. Approximate timings – 2:00pm - 6:30pm.
<b><u>VENUE:</u></b>	Coalville Gymnastics Club.
<b><u>GENDER:</u></b>	Open Mixed
<b><u>NUMBER OF PUPILS:</u></b>	<b>Maximum of 3 teams per school.</b> 4 competitors per team, only the top 3 scores to count towards overall team competition.
<b><u>TARGET GROUP:</u></b>	Competition is now open to <b>ALL</b> including club gymnasts (linked to National School Games rules).

**COMPETITIONS TYPE:** Performance Pathway

### **FORMAT:**

Gymnasts will take part in key step 3 routines.  
All competitors will have a chance to warm up before the event.  
As part of the routine, each child will compete in:

- Floor Routine
- Vault
- Body Management/Conditioning **(not to be judged at this event (level 2) but would be if team advances to the level 3 competition)**

### **ROUTINES**

The Key Steps 3 routine will be available from the NWLSSP website.  
<http://www.nwleics-ssp.org.uk/rules/>

British Gymnastics are offering free teacher resources which can be found here - <https://www.british-gymnastics.org/clubs/schools/schools-gymnastics>

### **Pathway:**

- The winning team from the Key Steps 3 event will advance to level 3 of the **School Games which will take place at Oakham Gymnastics Club on 11<sup>th</sup> March 2020.**
- Please note it is only complete school teams who can advance to level 3 of the School Games and **not the winning top 4 individuals** as the level 3 competition is only open to school teams representing their school sport partnership.
- If you would like to deliver more Gymnastics in your school, NWLSSP offers a Gymnastics CPD for staff to be able to set up and run Gymnastics in your school. This is part of your buy in option. Contact Tracey ([nwlssp@kinged.org.uk](mailto:nwlssp@kinged.org.uk)) to book a workshop in.



## **KEY STEPS 2 GYMNASTICS**

**Performance Event- Refer to page 1 for more information**

<b><u>DATE:</u></b>	<b>12<sup>th</sup> February 2020</b>
<b><u>AGE GROUP &amp; LEVEL:</u></b>	<b>Key Steps 2 - Years 3 &amp; 4 - Under 9's</b>
<b><u>TIME:</u></b>	Start and finish times TBC, depending on number of entries. Approximate timings – 2:00pm - 7:00pm.
<b><u>VENUE:</u></b>	Coalville Gymnastics Club.
<b><u>GENDER:</u></b>	Open Mixed
<b><u>NUMBER OF PUPILS:</u></b>	<b>Maximum of 3 teams per school.</b> 4 competitors per team, only the top 3 scores to count towards overall team competition.
<b><u>TARGET GROUP:</u></b>	Competition is now open to <b>ALL</b> including club gymnasts (linked to National School Games rules).

**COMPETITIONS TYPE:** Performance Pathway

### **FORMAT:**

Gymnasts will take part in Key step 2 routines.  
All competitors will have a chance to warm up before the event.  
As part of the routine, each child will compete in:

- Floor Routine
- Vault
- Body Management/Conditioning **(not to be judged at this event (level 2) but would be if team advances to the level 3 competition)**

### **ROUTINES**

The Key Steps 2 routine will be available from the NWLSSP website.

<http://www.nwleics-ssp.org.uk/rules/>

British Gymnastics are offering free teacher resources which can be found here - <https://www.british-gymnastics.org/clubs/schools/schools-gymnastics>

### **Pathway**

- The winning team from the Key Steps 2 event will advance to level 3 of the **School Games** which will take place at Oakham Gymnastics Club on 11<sup>th</sup> March 2020.
- Please note it is only complete school teams who can advance to level 3 of the School Games and **not the winning top 4 individuals** as the level 3 competition is only open to school teams representing their school sport partnership.
- If you would like to deliver more Gymnastics in your school, NWLSSP offers a Gymnastics CPD for staff to be able to set up and run Gymnastics in your school. This is part of your buy in option. Contact Tracey ([nwlssp@kinged.org.uk](mailto:nwlssp@kinged.org.uk)) to book a workshop in.



## KEY STEPS 1 GYMNASTICS & KEY STEPS 1 PAN-DISABILITY GYMNASTICS

**[Performance Event- Refer to page 1 for more information](#)**

- DATE:** 13<sup>th</sup> February 2020
- AGE GROUP & LEVEL:** **Key Steps 1** - Years 1 & 2 – Under 7's  
**Adaptive Key Steps 1 Pan-Disability** – Open age group (Years 1-6)
- TIME:** Start and finish times TBC, depending on number of entries.  
Approximate timings – 3:00pm - 6:30pm.
- VENUE:** Coalville Gymnastics Club.
- GENDER:** Open Mixed
- NUMBER OF PUPILS:** **Maximum of 3 teams per school**  
4 competitors per team, only the top 3 scores to count towards overall team competition.
- TARGET GROUP:** Competition is open to **ALL** including club gymnasts (linked to National School Games rules).

**COMPETITIONS TYPE:** Performance Pathway

### **FORMAT:**

Gymnasts will take part in key step 1 routines.  
All competitors will have a chance to warm up before the event.  
As part of the routine, each child will compete in:

- Floor Routine
- Vault
- Body Management/Conditioning **(not to be judged at this event (level 2) but would be if team advances to the level 3 competition)**

### **ROUTINES**

The Key Steps 1 routine will be available from the NWLSSP website.

<http://www.nwleics-ssp.org.uk/rules/>

British Gymnastics are offering free teacher resources which can be found here - <https://www.british-gymnastics.org/clubs/schools/schools-gymnastics>

### **PATHWAY**

- The Winning team from the Key Steps 1 and the winning team from the pan-disability Key Steps 1 event will advance to level 3 of the **School Games which will take place at Oakham Gymnastics Club on 11<sup>th</sup> March 2020.**
- Please note it is only complete school teams who can advance to level 3 of the School Games and **not the winning top 4 individuals** as the level 3 competition is only open to school teams representing their school sport partnership.

- If you would like to deliver more Gymnastics in your school, NWLSSP offers a Gymnastics CPD for staff to be able to set up and run Gymnastics in your school. This is part of your buy in option. Contact Tracey ([nwlssp@kinged.org.uk](mailto:nwlssp@kinged.org.uk)) to book a workshop in.





## Primary Swimming Gala's Year 5/6

Changes to the Swimming gala!

This year the competition has been split into 2 competitions performance pathway and festival.

The Performance Pathway competition is for those schools who have a complete eligible team and who want to challenge for a place at level 3 competitions.

The festival event is for those schools who do not have an eligible team or who do not want to challenge for a place at level 3 but want to bring a team to participate in a swimming gala.

Full outlines are below. Please read carefully before making a decision which one you want to enter as you **can only enter 1.**

*Please remember if you are a small school you can partner up with another small school to have an eligible team*

If you wish to enter both please enter your main preference and email the office at [NWLSSP@kinged.org.uk](mailto:NWLSSP@kinged.org.uk) to be placed on the waiting list. If we have free space we will offer you a place on the other competition.

### PERFORMANCE PATHWAY

**DATE:** 2<sup>nd</sup> March 2020  
9<sup>th</sup> March 2020

**VENUE:** King Edward VII Science & Sport College's swimming pool

**TIMES:** 10.45-12.15pm.

Please be **punctual** as we need to start the first race on time in order to fit in the busy timetable of events. First race **must** commence by 11am.

**COMPETITION TYPE:** Performance Pathway

**PARTICIPANTS:**

- Minimum: 8 children: 2 Year 5 boys & 2 Year 6 boys and 2 Year 5 girls & 2 Year 6 girls
- Maximum: 16 children: 4 Year 5 boys & 4 Year 6 boys and 4 Year 5 girls & 4 Year 6 girls
- All swimmers are eligible to enter as long as they can comfortably swim 25m and are in years 5 and 6.
- All competitors must wear a swimming hat.
- Goggles are not permitted unless teachers have received written permission for them to do so.
- All swimmers should come ready changed with swimsuits under their clothes to get changed poolside to minimise congestion in the changing rooms. Changing rooms will be available after the gala.

	<p><b><u>FORMAT:</u></b></p> <ul style="list-style-type: none"> <li>• Each individual swimmer may only compete in 2 individual races and 2 relays.</li> <li>• Due to the pool only having 4 lanes there may be two heats for each event depending on the number of schools participating.</li> <li>• All pupils will be timed and places allocated according to their times. Results will be collated across the galas to select the team to go through to the level 3 School Games</li> <li>• Results will be e-mailed to schools as soon as they have been collated.</li> </ul> <p><b><u>PROGRESSION:</u></b> The winning school will represent North West Leicestershire at level 3 School Games Championships on Friday 26<sup>th</sup> June 2020 at Uppingham Sport Centre. Please note that at level 3 teams will consist of 8 children: 2 Year 5 boys &amp; 2 Year 6 boys and 2 Year 5 girls &amp; 2 Year 6 girls</p> <p><b><u>SPECTATORS:</u></b></p> <ul style="list-style-type: none"> <li>• Unfortunately, due to health and safety regulations and the popularity of this event <b>there is no capacity for spectators.</b> Please specify how many adults will be accompanying your team and inform parents that they will not be able to watch this event.</li> </ul> <p><b><u>RULES:</u></b></p> <ul style="list-style-type: none"> <li>• Swimmers must be in the water for all starts and changeovers.</li> <li>• Swimmers competing in backstroke events must start, swim and finish on their backs.</li> <li>• To avoid disqualification in all races the swimmer must swim from start to end of the race. If they stop and hold the lane rope or stand up and walk during the race they will be disqualified.</li> <li>• Pupils must touch the poolside with BOTH HANDS together at the finish and change-over of all breaststroke &amp; butterfly events</li> <li>• To avoid disqualification in relays the outgoing swimmer must wait for the incoming swimmer to touch the side of the pool before pushing off.</li> <li>• Medley relay - four swimmers in the following order, backstroke, breaststroke, fly &amp; free.</li> </ul>
<b><u>FESTIVAL</u></b>	<p><b><u>DATE:</u></b> 2<sup>nd</sup> March 2020 9<sup>th</sup> March 2020</p> <p><b><u>VENUE:</u></b> King Edward VII Science &amp; Sport College's swimming pool</p> <p><b><u>TIMES:</u></b> 9.15-10.45am.</p> <p>Please be <b>punctual</b> as we need to start the first race on time in order to fit in the busy timetable of events. First race <u>must</u> commence by 9.30am.</p> <p><b><u>COMPETITION TYPE:</u></b> Festival</p> <p><b><u>PARTICIPANTS:</u></b></p> <ul style="list-style-type: none"> <li>• This competition is aimed at schools who do not have full teams or who want to mix year groups (bring younger swimmers or more of one gender).</li> <li>• Swimmers can swim up or down <b>ONLY</b> 1 year group.</li> <li>• Minimum: 8 children: 2 Year 5 boys &amp; 2 Year 6 boys and 2 Year 5 girls &amp; 2 Year 6 girls-<u>this is flexible.</u></li> <li>• Maximum: 16 children: 4 Year 5 boys &amp; 4 Year 6 boys and 4 Year 5 girls &amp; 4 Year 6 girls</li> <li>• All swimmers are eligible to enter as long as they can comfortably swim 25m.</li> <li>• All competitors must wear a swimming hat.</li> <li>• Goggles are not permitted unless teachers have received written permission for them to do so.</li> <li>• All swimmers should come ready changed with swimsuits under their clothes to get changed poolside to minimise congestion in the changing rooms. Changing rooms will be available after the gala.</li> </ul>

**FORMAT:**

- As this event is a Festival all times will be collected and recorded however there will be no progression further. Results will be e-mailed to schools as soon as they have been collated.
- Due to the pool only having 4 lanes there may be two heats for each event depending on the number of schools participating.

**PROGRESSION:** No progression

**SPECTATORS:**

- Unfortunately, due to health and safety regulations and the popularity of this event **there is no capacity for spectators**. Please specify how many adults will be accompanying your team and inform parents that they will not be able to watch this event.

**RULES:**

- Swimmers must be in the water for all starts and changeovers.
- Swimmers competing in backstroke events must start, swim and finish on their backs.
- To avoid disqualification in all races the swimmer must swim from start to end of the race. If they stop and hold the lane rope or stand up and walk during the race they will be disqualified.
- Pupils must touch the poolside with BOTH HANDS together at the finish and change-over of all breaststroke & butterfly events
- To avoid disqualification in relays the outgoing swimmer must wait for the incoming swimmer to touch the side of the pool before pushing off.
- Medley relay - four swimmers in the following order, backstroke, breaststroke, fly & free.
- For the medley you are allowed to swap out 1 stroke for another. E.g backstroke, breaststroke, free and breaststroke



## SWIMMING GALA

### ORDER OF EVENTS

	EVENT
1	1 LENGTH BREASTSTROKE Y5 GIRLS
2	1 LENGTH BREASTSTROKE Y5 BOYS
3	1 LENGTH BREASTSTROKE Y6 GIRLS
4	1 LENGTH BREASTSTROKE Y6 BOYS
5	1 LENGTH BUTTERFLY Y5 GIRLS
6	1 LENGTH BUTTERFLY Y5 BOYS
7	1 LENGTH BUTTERFLY Y6 GIRLS
8	1 LENGTH BUTTERFLY Y6 BOYS
9	1 LENGTH BACKSTROKE Y5 GIRLS
10	1 LENGTH BACKSTROKE Y5 BOYS
11	1 LENGTH BACKSTROKE Y6 GIRLS
12	1 LENGTH BACKSTROKE Y6 BOYS
13	1 LENGTH FREESTYLE Y5 GIRLS
14	1 LENGTH FREESTYLE Y5 BOYS
15	1 LENGTH FREESTYLE Y6 GIRLS
16	1 LENGTH FREESTYLE Y6 BOYS
17	4 X 1 LENGTH Y5 MIXED MEDLEY RELAY (2 GIRLS & 2 BOYS)
18	4 X 1 LENGTH Y6 MIXED MEDLEY RELAY (2 GIRLS & 2 BOYS)
19	4 X 1 LENGTH Y5 MIXED FREESTYLE RELAY (2 GIRLS & 2 BOYS)
20	4 X 1 LENGTH Y6 MIXED FREESTYLE RELAY (2 GIRLS & 2 BOYS)



## SWIMMING GALA

### TEAM SHEET

**SCHOOL:**

**TEAM MANAGER:**

**Team size:**

Minimum: 8 children: 2 Year 5 boys & 2 Year 6 boys and 2 Year 5 girls & 2 Year 6 girls

Maximum: 16 children: 4 Year 5 boys & 4 Year 6 boys and 4 Year 5 girls & 4 Year 6 girls

Each child must compete in one or two individual events and one or both relays.

Please note that at level 3 teams will consist of 8 children: 2 year 5 & 2 year 6 boys and 2 year 5 & 2 year 6 girls

EVENT	Y5 GIRLS	Y5 BOYS	Y6 GIRLS	Y6 BOYS
1 LENGTH BREASTSTROKE				
1 LENGTH BUTTERFLY				
1 LENGTH BACKSTROKE				
1 LENGTH FREESTYLE				
4 X 1 LENGTH Y5 MEDLEY			XXXXXXXXXX XXXXXXXXXX	XXXXXXXXXX XXXXXXXXXX
			XXXXXXXXXX XXXXXXXXXX	XXXXXXXXXX XXXXXXXXXX
4 X 1 LENGTH Y6 MEDLEY	XXXXXXXXXX XXXXXXXXXX	XXXXXXXXXX XXXXXXXXXX		
	XXXXXXXXXX XXXXXXXXXX	XXXXXXXXXX XXXXXXXXXX		
4 X 1 LENGTH Y5 FREESTYLE			XXXXXXXXXX XXXXXXXXXX	XXXXXXXXXX XXXXXXXXXX
			XXXXXXXXXX XXXXXXXXXX	XXXXXXXXXX XXXXXXXXXX
4 X 1 LENGTH Y6 FREESTYLE	XXXXXXXXXX XXXXXXXXXX	XXXXXXXXXX XXXXXXXXXX		
	XXXXXXXXXX XXXXXXXXXX	XXXXXXXXXX XXXXXXXXXX		



## New Age Kurling

### Changes to the New Age Kurling!

This year the competition has been split into 2 competitions development pathway and festival.

The development pathway competition is for those schools who have a complete eligible SEND team and who want to challenge for a place at level 3 competitions.

The festival event is for those schools who do not have an eligible team or who do not want to challenge for a place at level 3 but want to bring a team to participate.

Full outlines are below. Please read carefully before making a decision which one you want to enter as you are limited to a **max of 3 teams across all competitions.**

*Please remember if you are a small school you can partner up with another small school to have an eligible team*

<b>DEVELOPMENT PATHWAY – SEND ONLY</b>	<b><u>Date:</u></b>	Tuesday 3 <sup>rd</sup> March 2020
	<b><u>Venue / Time:</u></b> (please specify)	9.15am – 11.00am Forest Way 1.15pm – 3pm Ibstock College
	<b><u>Age Group:</u></b>	Years 3 – 6
	<b><u>Gender:</u></b>	Open mixed (no stipulation on numbers of boys and girls)
	<b><u>Number of pupils:</u></b>	Teams will be made up of 4 children per team. An Eligible team is a team consisting exclusively of children with SEND.
	<b><u>Competition Type:</u></b>	Development Pathway
	<b><u>Target group:</u></b>	<ul style="list-style-type: none"><li>Pupils with a <u>physical, learning disability or co-ordination difficulty</u> from all special and mainstream schools.</li></ul>
	<b><u>Format:</u></b>	<ul style="list-style-type: none"><li>Please let us know if you will be entering an ineligible team before the competition, if your team is ineligible please consider entering the festival event for children who are not SEND.</li><li>Round robin format followed by a knockout format to reach an overall winner.</li></ul>

<b>FESTIVAL</b>	<b><u>Date:</u></b>	Tuesday 3 <sup>rd</sup> March 2020
	<b><u>Venue / Time:</u></b>	1.15pm – 3pm                      Ibstock College
	<b><u>Age Group:</u></b>	Years 1 – 6
	<b><u>Gender:</u></b>	Open mixed (no stipulation on numbers of boys and girls)
	<b><u>Number of pupils:</u></b>	4 pupils per team.
	<b><u>Competition Type:</u></b>	Festival
	<b><u>Target group:</u></b>	<ul style="list-style-type: none"> <li>• Pupils with a <u>physical, learning disability or co-ordination difficulty</u> from all special and mainstream schools.</li> <li>• The event is aimed at beginner level children who have not had opportunity to represent the school at other sports events.</li> </ul>
	<b><u>Format:</u></b>	<ul style="list-style-type: none"> <li>• Teams will be made up of 4 children per team</li> <li>• To be confirmed closer to event – likely to be round robin format with the aim of maximum participation for all players.</li> </ul>

**Rules:**

- In teams players will alternate in delivering their kurling stones towards the target. The end is scored by awarding one point for every kurling stone of the same colour closer to the target than the nearest opposing kurling stone. There will be 3 ends per match (time permitting).
- More information available at:
  - <http://www.gbkurling.co.uk/>

**Equipment:**

- All games can be played from a seated position so clothing requirements are flexible – ideally sports clothing will be worn and suitable indoor footwear.
- It is advised participants bring drinks.

**Progression:**

- If you would like to deliver more New Age Kurling in your school, NWLSSP offers a New Age Kurling CPD for staff to be able to set up and run New Age Kurling events or clubs within your school. This is part of your buy in option. Contact Tracey ([nwlssp@kinged.org.uk](mailto:nwlssp@kinged.org.uk)) to book a workshop in.
- There will also be a Level 3 New Age Kurling competition for the winners of the North West Leicestershire competition to attend. This event is TBC



## QUICKSTICKS HOCKEY

**[Performance Event- Refer to page 1 for more information](#)**

**DATE, TIMES & VENUES:** Yr 3/4 – 18<sup>th</sup> March 2020 3–6pm @ Ivanhoe High School Astro Turf  
Yr 3/4 – 19<sup>th</sup> March 2020 3-6pm @ King Edward VII Astro Turf  
Yr 5/6 – 25<sup>th</sup> March 2020 3–6pm @ Ivanhoe High School Astro Turf  
Yr 5/6 – 26<sup>th</sup> March 2020 3-6pm @ King Edward VII Astro Turf

Please note that buses & mini buses will only be allowed on site to drop off and pick up, no parking will be available on site during the games.

**Final:** Both finals will take place on 2nd April 2020 – King Edward VII Astro Turf – 3:30 – 4:40pm.

**AGE GROUP:** Years 3/4 and 5/6

**GENDER:** Mixed  
Minimum of 2 girls in a team and one girl on the pitch at any one time

**NUMBER OF PUPILS:** Squads of 6, 4 players on the pitch & 2 subs.  
Schools can bring a maximum of 3 teams.  
**At level 3 competitions substitutes will be used to support coaching and officiating**

**TARGET GROUP:** All pupils are eligible to play in this competition

**FORMAT:**

- Schools will be put into pools and will play other teams in the pool on a round robin basis. There may also be a knock out in the later stages for pool winners.
- Games will be approximately 7 – 10 minutes; a half time will be included if time permits. Times may change dependent on number of entries

**RULES:**

- A centre pass starts the game, alternating between the teams and at the start of each period, with all players in their own half, 3 meters away from the ball
- In order to score, a player must shoot from within the 'shooting zone'
  - For our competition the shooting zone will be the final third of the pitch. At the Level 3 competition this is likely to be a D.
- A Penalty Goal is awarded if a defending player stops the ball crossing the goal-line with their feet or body
- A Free Pass is taken from where the offence occurs, opposing players must be 3 meters away from the ball. The Free Pass taker may only retouch the ball once before it is touched by another player.
- Goalkeepers are not allowed – players must not continually defend from the goal line

**A Free Pass is awarded when;**

- The ball crosses the side line; taken from where the ball left the pitch
- The ball crosses the back line by the attacking team; taken from the edge of the shooting zone in line with where the ball leaves the pitch, other team in their own half
- The ball crosses the back line by the defending team; taken from the edge of the shooting zone on the side of the goal the ball crossed the line – cannot score directly





- A player kicks, propels, picks up, throws or carries the ball (it is not an offence if the ball touches the players foot, only if it breaks down play or creates a disadvantage)
- Attempts to play a ball above the knee with a stick
- Uses the (rounded) back side of the stick
- Whilst striking the ball, causes any actual or possible danger to themselves or other players
- Obstructs by running between the ball and opponent
- Holds, charges, kicks, pushes, intentionally trips or strikes any player or umpire

**EQUIPMENT:**

- Pupils will need to wear PE kit and will need to bring their own drink.
- Shin pads and mouth guards are advisable.
- Please bring your own quick sticks. Please notify us in advance if you need to borrow them as they are limited.

**PATHWAY:**

- Participants of the competition will be given information on local hockey clubs.
- The winning Year 5/6 school team and the winning Year 3/4 team will go through to the Level 3 School Games Summer Championships on 26<sup>th</sup> June 2020 at Uppingham School Sports Centre.



## Year 5/6 Orienteering

Please make sure you read everything before booking and pass all this information on to staff who will be attending on the day

[Festival - Refer to page 1 for more information](#)

<b><u>DATE:</u></b>	31 <sup>st</sup> March 2020
<b><u>TIME:</u></b>	10am – 2.30pm with times allocated (TBC)
<b><u>VENUE:</u></b>	Donisthorpe Woodlands
<b><u>YEAR GROUP (S):</u></b>	Y5/6
<b><u>GENDER:</u></b>	Mixed teams
<b><u>TEAM SIZE:</u></b>	Initial limit of 26 pupils per school (increasing dependant on entries) <u>Recommended ratio:</u> Minimum of 1 teacher to 8 teams/16 children (max).

### Rules

- Pupils will be set off at intervals in pairs.
- Results announced for each pair.
- School results = 4 highest scoring pairs.
- 10 points per control
- Minus 5 points for each minute over the 30 minute time limit

### Format

- A network of points (controls) are planned across a mapped site.
- Teams start and finish at the same place, with start times staggered.
- Pairs will be given a copy of the course map.
- Pairs have an electronic "dibber" to show they have visited a control. (Each dibber cost £40 if lost, this is payable by the school)
- The aim is for teams to visit as many marked controls and return to the finish line in under 30mins.
- Controls can be visited in any order.

### On Arrival

On Arrival you will need to sign in and provide the SSP with a list of all the children you have competing. No children's names will be required before the event but we will need a copy to keep while the children are competing, this will be returned to you after the event and will only be used in an emergency. This document will follow in the pre event email.

### Map Walk

In order to speed up the preparation process, increase children's understanding prior to the day and due to reduction in core SSP staffing, schools will be sent a video of the map walk and start line which children must be shown before arriving. Teachers will also need to do the map walk with their teams.

### During the event

Due to the size of this event each school will be required to provide 2 members of staff to patrol a section on the course for the 25/30 mins that their school is competing. This is a necessity for all schools.

**Equipment:**

- **EACH PAIR WILL NEED A STOPWATCH/WATCH**
- Appropriate outdoor clothing (as it traditionally rains) including:
  - Waterproof coat
  - Footwear to run on grass, mud, and hard surfaces
  - Warm clothing in case of cold weather
  - Full leg covering clothes
  - Change/Dry clothes or warm coat to travel back to school
  - Drinks and additional items as required.
- NWLSSP & Leicestershire Orienteering Club will provide maps, checkpoints and all associated event equipment.
- We ask that all schools wear distinctive clothing so that your children can be identified on the course- Bibs, school branded clothing etc.

**Further information on the sport:**

<http://www.leioc.org.uk/>

<http://www.leioc.org.uk/new-to-o/>

**Some information from Leicestershire Orienteering Club**

On Saturday 10th October 2020 the British School Score Orienteering Championships will be held at Shipley Park, Ilkeston.

The format is very similar to the NWL Schools Championship but with 45 minutes rather than 30 minutes to find as many controls as you can.

This would be a chance for your school to go to a bigger event.

There are all age groups starting at year 5. There is a Primary team competition (year 5&6). Most children who go to the Championship are children of orienteers so there are very few full teams. Last year there were only 4 complete teams, so any school with four or more can do really well! Could it be your school on the podium this time? Leicestershire Schools have had winning teams before, one even went on to represent England in the World Schools Team Championship.

This year Worthington Primary, who won the NWL Championship, were invited to run in the Junior Cup competition for England & Wales. A handful came to the Regional Heat at Calke Park (and counted in the winning team) and five of them came to the final at Sandringham Country Park where the Leicestershire Club team were 6th. This year the equivalent races are The Outwoods (Sunday 29<sup>th</sup> March) just before the NW Championship and Bristol (Sunday 5<sup>th</sup> July).

So there are two opportunities for parents to bring along their children to external competitions and get more experience.

If either of these might be of interest then contact Roger Edwards of the Leicestershire Orienteering Club- [rwmhedwards@gmail.com](mailto:rwmhedwards@gmail.com)